



#2 – Jonathan Lavigne



Hometown: Hanmer, Ont.

Pos: D

Stats 09/10: 13 G, 25 A, 38 PTS, 90 PIM

Team: Nickel City

Shoots: R

Ht: 6'2"

Wt: 183 lbs

1) How were you introduced to the sport: My parents were avid hockey fans and I would watch the Habs play with them since I was a baby. I started playing when I was six and fell in love with the sport.

2) Who has had the greatest influence on you as a player, and why: My parents because they would always be there for my ups and downs. I had a great shot at an early age and learned how to make a pass on the tape from playing countless hours in the garage with my dad.

3) What are your greatest strengths as a player: I work hard on and off the ice and I always want to get better. I practice as hard as I play and I try to use my size to my advantage.

4) How would you describe yourself as a player: I'm strong, aggressive and physical defenceman with good puck handling abilities and I'm a strong skater with a long stride.

5) What is your greatest achievement as a hockey player: Winning the All

-Ontarios in Major Peewee and being named an all-star defenceman. Also, I am quite proud to have made the NOHA Under 16 Team.

6) Your favourite hockey player: I like Andrei Markov's hockey IQ, Shea Weber's slap shot and Ryan O'Byrne's heart and toughness.

7) Which professional player do you model your game after: I play my own game but I do like the way Shea Weber plays because he is skilled, smart but also tough and mean.

8) Your favourite food: Ribs

9) Favourite TV Show and Movie: Lost and Avatar

10) Hobbies (not incl. Hockey): Quadding, baseball, training and video games.

11) Tell us one thing about you that no one else knows: I love to read and I am a science junkie.

12) How would your best friend describe you off the ice: Serious and competitive when playing sports but laid back and a happy-go-lucky guy when with friends and family.



NOHA UNDER 16 TEAM PRE-TOURNAMENT CAMP SCHEDULE



Tuesday, August 10, 2010

- 12:00 p.m. – 12:30 p.m. – Registration
- 12:40 p.m. – 1:00 p.m. – Player/Parent Meeting
- 1:30 p.m. – 3:00 p.m. – Practice
- 5:00 p.m. – Dinner
- 6:30 p.m. – Team Meeting
- 9:00 p.m. – Team Building

Wednesday, August 11, 2010

- 8:00 a.m. – 8:25 a.m. – Team Meeting
- 9:30 a.m. – 11:00 a.m. – Practice
- 11:30 a.m. – 12:30 p.m. – Lunch
- 1:30 p.m. – 3:00 p.m. – Practice
- 5:00 p.m. – 6:30 p.m. – Dinner
- 7:00 p.m. – 8:30 p.m. – Team Building